

We want to start with the serenity prayer so that we can all get grounded and then we're going to open today's process session with the cultural welcome and Ollie from our good friend and member of the fellowship Kivala OK God's greatness courage to change the things you know OK **Audio; woman dancing across the room with an authentic Hawaiian dance.**

Culture here in Hawaii right but with our kanaka Kiba just offered blessings to our event to prasa and welcomed everybody into the space including our kupuna our ancestors so that we can do good work yes OK so mahalo kiva OK let me see my name is kunari I'm an alcoholic and I have the pleasure of serving you as your chair person for this weekend we are going to we also have a little bit of a land acknowledgement for this space that we are on it didn't always look like this it didn't always look like this so we recognized that the land on which we gather is in the ahupua the traditional land division of Waikiki in the moku of Kona so those of you who don't know Oahu this use this island used to be referred to as corona before it was Oahu right on the moku many of Oahu in the π aina or the archipelago of Hawaii we honor the kanaka maoli the native Hawaiian stewards of this land whose ancestral knowledge and love for these land islands allow us to enjoy its gifts today we recognize that Hawaii is an indigenous space and we pay respect to the allies the royalty who once held these lands and to the kupuna or elders who continue to protect them we as Hawaiians believe that we walk towards and with our ancestors so that they can guide us through the work that we do on a daily basis right and the way we live our life while in this space this weekend please walk with your ancestors whoever that may be and let them guide you to do good work yeah and if you don't figure it out yet I'm Hawaiian Chinese white I look white but I'm Hawaiian just so you know if you listen to me long enough you're gonna figure it out yes my mom's from New York I pull I look like I'm from New York my siblings look like they're from Hawaii where my father is from OK anyway I get sidetracked a lot you know so we might get off a little bit time I'm sorry anonymity statement there may be some here who are not familiar with our tradition of personal anonymity at the public level our public relations policy is based on attraction rather than promotion we need always maintain personal anonymity at the level of press radio and films thus we respectfully ask that a speakers and a members not be photographed videotaped or identified by full name on audio tapes or in any published or broadcast reports of our meetings including those reports on the Internet or other social media technologies right OK the assurance of anonymity is essential in our efforts to help other problem drinkers who may wish to share our recovery program with us our tradition of anonymity reminds us that a principles come before personality we have an agreement with an outside vendor smile God loves you wave rusty OK all your media services so we are so here's the deal we're recording I have it's a weirdly we're using worldly sort of translation so we are recording though with rusty the the sessions the English MP threes will be or MP fours whatever they are technology would be available this weekend you can go see rusty out there in the lobby the Spanish ones are going to take a little while because we still have to translate them after processor is done you can push me down in the lobby later get it process purpose the purpose of process is to develop greater unity among the members groups and areas of the Pacific region to encourage the exchange of ideas and experiences and to provide an opportunity for members to discuss pertinent aspects of a the assembly and the process

committee should always foster the the recovery unit unity and service legacies of a how many of you are here for your first cross up I love it I love it I love it so I was told find you a prostate buddy to share their experience and share with you how to get the most out of PRAASA and your weekend here in Honolulu find you a PRAASA buddy OK all right so technology you gotta love this right so I sent Bob my thing because we have this little digital thing going on at 11:30 my welcome little right they want it in the book and I 1145 actually 1215 while I was sitting out there I changed it so I'm going to read from my phone and not from the iPad OK so Aloha belina mayonnaise Coco my name is khurana and I am an alcoholic hang loose is my Home group we meet on Thursday evenings in Kaneohe at 7:00 PM if you are on island it's an amazing fun exciting place to be um please come and join us I have the honor the privilege the sleepless nights to serve as the process the 2026 chair yeah it's truly been an experience and has reminded me to trust the process so our theme for process 2026 right Emmy alike kapai or finding common ground is what's going to guide us through the next three days and what Bob and Gina used to put together the amazing program that we'll have this weekend now OK so just a couple things just bear with me I promise I won't take us too off schedule first I want to acknowledge the process of 2026 planning committee they have done all I mean it's a lot of work to do this it's a lot of work to do this and three plus nights so mahalo to then they've been working hard for a long time to make this weekend special so that all of you right would be included and get a better understanding of the business of PRAASA while wrapped with the Aloha spirit yeah I'm good I'm good next I want to my hollow Hawaii area 17 for their amazing support throughout this entire process Deborah and I have been texting back and forth back and forth she's been the liaison between EU S&P DAB OK malato PETA right Courtney where's Courtney there you are yeah so right so mahalo for that um we are here at the Hilton or what I like to call Disneyland if you are at this property or you know if you wander the property you know exactly what I mean it's Disneyland it's Disneyland it's it you don't have to leave the property we have a very long relationship with the Hilton our state convention has been here for many years and things like that and so if you see the hotel staff around model them too right tell them thank you thank you for filling up the water or remind them to fill up the water whatever it may be right that kind of thing yes and as we always like to say we want to leave this place better than we found it OK so it's been a long time since Prozac has been in Hawaii right we know the rotation right 1415 years depending on what happens and that's the circulation kind of the rotation we had 900 people that then we are close to hitting 900 again yeah so with that in mind just know this room is going to be full if you have an empty seat next to you and you see somebody walking around going where do I sit wave at them make a new friend invite them to your table please yes that kind of thing if you folks have questions concerns gripes whatever it may be and you want to share them with somebody come we want to hear because we always want to there's always a solution so please come let us know what's going on so that we can try to fix it or just say thank you to appreciate you know all the volunteers that are happening all of that OK we are a process of firsts first with this digital program book which plus and minus right it gave people an extra few days to send in your talk to Bob because you just have to paste them into this thing or if you're like me 11:30 today right and it gives us the ability to change it as needed throughout the weekend it also saves a lot of trees because we don't have to print and print and print every change OK we're also I'm pushing the wrong thing it's on my phone not on this pad first to use wordly for translation services technology today so weirdly for those who are looking at this up on the wall on the screens it will chime it will translate right into headphones we have headphones if you need them but please we ask for grace it's the first time but we're gonna if there's challenges or issues yeah anyway I don't know if I'm supposed to be doing this at now or announcements what it's

happening okay tables are reserved for those who need to see the screen anyway I hope everyone has time to experience our islands and here's the one thing I'm going to encourage you all to do go in the hospitality suite and see what's in there because it's everything about our islands culture everything there are even coins that were found as they cleaned up from the Maui fires that had belonged to somebody we don't know who they belonged to but they were found in the ashes of the Maui fire in Lahaina so go in there and check it out it's amazing go check out the archives OK I promise I'm just going to go quick and go to the end um before somebody pushes me down but again I hope all of you have the most amazing weekend don't hesitate to come and ask or let us know what you need and with that I'm going to introduce my dear friend my good friend Deborah S our delegate of area 17 Hawaii OK enjoy yourself thank you sorry I went long thanks for that then I'll go fast Aloha everyone my name is Deborah I'm an alcoholic and welcome to the 2026 Pacific region Alcoholics Anonymous service assembly here at the Hilton Hawaiian Village now it's been since 2011 so welcome back and welcome to Hawaii I have the great honor today of introducing our Pacific regional trustee I want you to know a little bit of something it is her last official PRAASA as our Pacific regional trustee let's welcome Riley Kay thank you thank you Aloha yeah now I know where you do that welcome everybody to PRAASA and it is bittersweet for me because I love being here and this is the last time that I get to introduce this particular panel of delegates and I was informed that I had a couple of minutes to make some brief remarks So what am I going to say this one time and then you can tell each other or whoever but ask um you may have noticed my face so three years ago I went to conference with a black guy that looked just like this in the same place I broke my face by tripping over a crack in the sidewalk and for a year we talked at the board level at our group level and our local level about what we can do when we find cracks in the sidewalk and apply the spiritual principles that we've learned in fixing those things and we were having a little um a little conflict maybe at the at the board level and we thought this was an excellent way to to apply spiritual principles so I thought I'd do an encore so there was a there was a winter storm that came through California last week was a big storm I was going up the steps and it was raining fiercely and the wind was blowing really hard like a brick in a in a big winter storm I started to open the door it started to open and the wind took the door and whipped it into me and knocked me and I fell down the 1st to the stairs and landed on the concrete same place just in case you thought that it hadn't healed yet from three years ago so applying the spiritual principles that I have learned here the door was open a little bit it was getting wider and then it said it's time to open the door wide and let's do that this year when we go to the conference let's talk about all the things that we need to talk about the Dory is open I've proved it and in in this is the year that I'm celebrating 60 years of sobriety and I thought I'd make a mark on it and now one of the greatest pleasures of my life is to introduce the area highlights for the Pacific regional delegates you should have that forgotten anything we start with the reader uh who's reading hold us in unity Aloha I'm trying to learn my name is Judy G I'm an alcoholic I'm from area 93 and my Home group is the women's 12 and 12 in oceano on the Central Coast of California hold us in unity that is a uniform pattern of things throughout the length and breadth of a it was a basic pattern that we could see as early as 1945 back in New York we realized that we could not transact the world affairs of a by a different principle from the one the groups were insisting on to transact their own affairs it also became clear that because of the lack of linkage between the board of trustees and you people when the few people who were the linkage died off got discredited or what have you all of a

sudden those trustees would be isolated a hierarchy of service if you like isolated on an island in the middle of a great sea of democracy it was obvious that a linkage had to be built and that the ultimate authority for our world services had to somehow be vested in it but then the questions how could this linkage be formed could we rise to the level of statesmanship that it would take could we put aside our personal ambitions could we come here to serve for all of AA and not as a law ruling Senate would there be any method by which delegates could be chosen to take around the usual political pressures that came into play on personal nominations committees coming out of the back rooms with favorites and all of that sort of thing so as an excerpt from the our great responsibility 1955 holding us in unity thank you our timer for this panel is Chris U GSR in area 7 district 334 Aloha It's always a scary the first time that you do your area highlights and as it happens we have someone doing their first one and there's the first up so this is a the first Test you're going to have we start with area 2 Alaska Wayne H thank you and Aloha I'm just gonna go out of this thank you yeah my name is Wayne I'm an alcoholic and channel 76 delegate from Mario to Alaska live in Fairbanks and like Hawaii Alaska is a remote community so remote you know that they have disclaimers on things that they send us that they don't ship to Hawaii or Alaska we proved them wrong anyway our state has approximately 660,000 square miles and a population of about 750,000 people area O2 covers the entire state population is about half that of Hawaii and about 40% of us live in anchorage and the rest of us are scattered around the state mobile pockets we fly a lot from place to place and get around by boat snow machine train and they casual dog sled area O2 has 12 districts 9 being active we have 5 assemblies per panel 3 in person and two virtual and while that we found that the travel costs and the distances are high we found that the hosting districts derive a tremendous amount of morality and participation when we do that and so I really do enjoy it um and the more districts we can get involved the better to carry the message uh let's see the growth of district we've got District 12 which has grown and given us a boost of optimism and it our area was formed in 1958 and we had started districts either in the mid 70s or mid 80s I'm not sure which but we have our oldest group the polar bear group that was formed in 1974 and just recently District 12 has uh whoops thank you now we have area 3 Arizona Larry S Deborah thank you how did I get here huh I am honored to be here today representing area 3 my name is Larry and I am an alcoholic area 3 encompasses the entire state of Arizona we currently have about 2200 weekly AA meetings and about 11150 listed groups this includes 64 Hispanic and 75 remote community groups and there are about 65 meetings held in correctional facilities to effectively serve this large and diverse area not like Alaska large but pretty large we have 15 county districts and two Hispanic districts and most of those all have sub districts this year our Spanish district was split in two to better represent the Hispanic gay community our here's Hispanic community is very active hosting events such as a mini process a general service form and a large round up known as congresso that's fine I'll just three 216 area served 3 serves many remote communities Arizona is home to 22 federally recognized Native American nations covering about 1/4 of the state and we have many rural communities throughout Arizona that are considered remote our area assemblies are modeled after the general service conference 9 panels meet to discuss topics in depth and report back to the assembly body areas three also has agenda and administrative committees and 13 area coordinators represent statewide outreach last year we celebrated the 75th Arizona State convention and this year will host our 24th annual corrections conference strengthening cooperation between a corrections and professor A and corrections professionals I'm grateful to be a part of area 3 in the Pacific region my name is Larry and I'm an alcoholic thank you .

From area 5 Southern California Nikki yeu. Oops well I guess I'll stand this Aloha person my name is Nikki and I'm an alcoholic nombre sneaky is soil colica it's an honor and a privilege to serve Southern California arrogant 5 as delegate for for panel 75 no area 5 for panel 75 I think I missed this up I'm excited can you tell the gentleman at the general service conference I serve on the conference corrections committee and the conference archives committee area 5 is geographically the smallest area in the Pacific region as you can tell from the map out there we have covered approximately 414 hundred square miles spanning portions of Los Angeles Sandra you know and orange counties but despite our size we are one of the most densely populated and culturally diverse areas in the region we're surrounded by areas 993 in the Pacific Ocean and within our concentrated area meetings are held in English Spanish Farsi Japanese Korean Mandarin and Russian and probably other languages that I don't know yeah we hold quarterly assemblies and area committee meetings they are bilingual and we have our area newsletter scanned that's published in both English and Spanish are area participates in a four area DCM sharing session hosted on a rotating basis by areas 589 and 93 and currently area 5 serves approximately 736 regular and 35 virtual active groups across 33 districts including six Spanish language districts are first Spanish uh district district 33 was established in 1978 I'm grateful to area 5 for allowing me to serve them thank you and now from area 6 California and northern coastal chitra hi I'm chitra alcoholic serving serving as delegate for California northern coastal area she's here for mosaics from the California Oregon border down to the coast of Monterey we have 2200 English speaking and 235 Spanish speaking groups we come from the redwoods beaches wine country college towns the Bay Area Silicon Valley in California farmland at the area level we are hybrid and bilingual interpreting in English and Spanish what has our area been focusing on we're experimenting with different digital voting platforms can the platform operate seamlessly when all voting members do not have access to Wi-Fi is counting our votes correctly have we been we've been using paper ballots when our digital systems fail we're discussing safety where do we place it do we call it safety and inclusion should we create a new area committee a sharing session what are the legal implications for our interpreters currently we play safety under our accessibility committee who holds safety workshops in English and Spanish at our districts if you build it they will come how can we increase def a member participation right now we have ASL interpretation at our post conference assembly how do we become more accessible our brilliant Alcoholics are always looking for new ways to reach those who are not yet here thank you OK thank you from area 7 California northern interior Claudio D hello buddy my legs are shaking I don't know if it's for nerves or climbing to the top of Diamond Head yesterday enormous Claudio psychological my name is Claudio I'm an alcoholic and it's a delight to serve the California northern interior Ariel 7 is the heart of a activity in Northern California surrounded by area 6 California coastal 42 Nevada 58 Oregon 93 central California we are the vibrant bridge between communities we're comprised of 28 active districts including five linguistic districts serving 604 active groups and 11 online groups our tech committee is rolling out a project allowing the area to offer districts the opportunity to build their own websites at no cost enabling members and newcomers alike to find information stay connected aerial 7 has 8 active Wi-Fi young people in AA committees each bringing fresh ideas connection and all the vibes to the function our 9 central intergroup offices include three located linguistic communities we proudly support the Northern California council of Alcoholics Anonymous conference a tradition dated back to 1948 panel 74 created an accessibility chair position to find and remove barriers that prevent participation at our elections assembly we tried something new text to vote participation was quicker and easier but

in true her legacy fashion one position still came down to the hat a great reminder that no matter how modern we get the higher power still gets the final say Ariel 7 has worked to shine light on the linguistic districts building inclusivity and visibility through improving interpretation and building stronger communication both participation and enthusiasm from the Spanish linguistic districts continues to grow as a result of that I stand before you today as the first Latino delegate to serve ario 7 since joining the conference in 1952 a milestone that truly shows the power of representation inclusion and action within a aerial 7 is thriving growing and evolving one meeting one service opportunity one connection at a time Phillis ventiquattro at us happy 24 hours thank you from area a San Diego Imperial County Adrian O wow none of you have clothes on nombres adriani soil alcoholic the San Diego imperial area assembly of Alcoholics Anonymous bordered to the north by orange and Riverside counties to the east by the Arizona State line to the South by Mexico and to the West by the Pacific Ocean the service structure is comprised of 23 districts three of which are Spanish linguistic and 14 fully active standing committees our local fellowship reflects the diversity of the people that inhabit its lands the US and Canada service structures only standing Armed Services Committee whose very existence was dreamt into reality by the late Tiffany G readily serves Alcoholics on the numerous Marine Corps naval bases throughout San Diego and imperial counties our local servants continue to employ the 12 step toolkit to break down barriers and connect with remote communities within our borders these communities include but are not limited to Alcoholics who call any of our 18 Native American reservations home our robust deaf and deaf and hard of hearing community those who face mobility or geographical challenges in accessing the message all of our 12 monthly area committee meetings and five annual assemblies contain a virtual component and offer ASL and Spanish oral interpretation so that all servants who wish to participate are able to do so we strengthen the bonds through shared service and mutual support with our 3 immediate neighboring areas to the north in 0905 and 93 like the rest of the Pacific region San Diego and imperial counties boast a collectively strong a heritage with the foundation in all three legacies and steeped in a rich history from the first day meeting on November 7th 1940 at an apartment on Adams Ave. in the normal heights neighborhood of San Diego to the 60th annual International Convention of a 1995 most recently we hosted the 51st all California young people in a conference and the 64 first international women's conference the Pacific regional forum is taking place in our area for the first time in over 30 years this December 4th through six we hope that you find your way to the world class destination and America's finest city San Diego CA and join us we continue to cultivate the fellowship we crave in area 8 and we are excited to share our experience strength and hope with all of you at events like this and many others that bring us together from far and wide thank you OK from area 9 mid Southern California Deborah L Aloha thank you to Hawaii area 17 for hosting process area 9 deeply appreciates all your hard work mahalo my name is Deborah and I'm an alcoholic in September 1958 at an area service assembly members of Southern California began making plans for a new area with terms to begin in the even numbered years so area 9 became official in January 1959 this brought California to five areas and five delegates the new area at the to be called California southern coastal and consisted of only 10 districts the area's first order of business besides sending art to the general service conference was to prepare for the A's third international conference in 1960 held in Long Beach CA where I Live Today stats from GSO and area 9 show between 8 and 14,000 attendees who got to hear bill Wilson and Eddie T with all lights down at the dramatic closing ceremony in Long Beach city colleges Veterans Memorial stadium members lit a match during the Lord's prayer to symbolize our 12 step who knows the exact numbers what I do know is this many a members came together in a yearlong planning effort of

airport pickups and attendee accommodations to make this happen just like our Hawaiian host committee of today those members of yesteryear came together as a whole for me when I needed a in 1984 those heroes of 1960 loved cared for and maintained a place for me and others like me their efforts and action show their great responsibility today area 9 has 23 Arctic districts including Hispanic districts with a growing Hispanic women's event we also have an LGBTQ community with many activities annually in 1971 area 9 changed its name to mid Southern California area 09 as it is known today I hope I have left you with more than statistics to remember us thank you so much from area 17 Hawaii Deborah you're my hero thank you sorry Aloha ohh that's lovely my name is Deborah Scruton and I'm an alcoholic and the delegate to area 17 Hawaii panel 75 with an assignment 2 Scotland the Finance Committee the conference Finance Committee this is we are not a glum lot my sobriety date is November 19th 2009 T YG online is my Home group first on behalf of area 17 we would like to thank you everyone who journeyed to Hawaii for the 2026 Pacific region Alcoholics Anonymous service assembly we are happy to host you on this rotation please accept our sincere thanks for your unparalleled commitment to servant leadership by being here area 17 is home to 300 registered groups between 14 districts and six islands our remote home state sits about 2000 miles southwest of the US mainland and is the only state not on the North American continent Hawaii is a melting pot of North American and East Asian cultures and has the largest proportion of multiracial people in the United states I am happy to report Hawaii area is solvent through group and individual contributions our chief priority of spending guarantees my attendance at the conference followed by the assurance that we can conduct area business hosted in various locations throughout our remote structure while ensuring standing committees resources are available to carry the message standing committee work aligns with six conference committees and one secondary committee while the minor bird our area newsletter convention steering and website committee serve and inform our local fellowship nonetheless all our dutiful work exhibits our obligation to the responsibility declaration welcome to Hawaii my name is Deborah I'm an alcoholic thank you so much from area 18 Idaho Heather N Jesus Aloha my name is Heather and I am an alcoholic it's truly an honor and a privilege to serve as Idaho area 18's panel 76 delegate and I serve on the agenda conference committee Idaho has a long and proud history in Alcoholics Anonymous our very first meeting started in Boise back in 1945 and decades later our first online group 7:00 AM zoomers was listed with DSO on April 21st 2021 turns out whether it's in a church basement or on a zoom screen the lifesaving message of Alcoholics Anonymous has continued to find its way to those who need it most people know that Idaho has more cows than people and produces about 1/3 of the potatoes in all of America love some French fries ohh but they may not know is that while we are largely rural spread across roughly 62,000 miles and smaller numbers with a deeply passionate about Alcoholics Anonymous Idaho area 18 includes an entire southern portion of the state and a few slivers from neighboring states and it is home to 12 active districts in roughly 250 English and Spanish speaking groups and form group consciousness occur at our two hybrid area assemblies in May and October held alongside area conventions our pre conference process is a one day workshop and includes DCM LED presentations on various agenda items that the delegate had asked for input on we are trying something new this year and there will be 3 regional and one zoom share with your delegate sessions prior to conference we actively seek ways to reach out and extend the hand of a whether through in person meetings online groups outreached institutions or simply showing up and then as needed we value unity and aren't afraid of hard work and we're willing to have the loving sometimes difficult conversations that help us go we may be small in numbers in rural and

occasionally snowed in but we are mighty and heart grit and servants I am grateful and honored to be part of Idaho a 18 and I hope we never forget services what a happy people are thank you photo of Barbara Wilson

(audio was greatly distorted for this portion)

Welcome my name is Laura something that my friend told me 5 delegate and 42 in college ohh I'd love Bishop ohh really spans business deserts and tuberculation Somerset included 1076 regular meetings and 18 virtual therefore the total volume down to the level including land surveying calling Las Vegas to destructions natural and oh everyone To support your team accessibility and participation for that account travel over the past couple of years therefore please come back over time and for the committee to implement necessary changes to help everyone grow and learn website that should have greatly improved leaders access to information and structure of communication across the area and we're trying to tell us about the use of every conference committees to prepare general service conference topics are the background materials are distributed to 13 communities where members started discuss and share information about conscience standing committee chairs and trusted servants somewhere else these discussions and the 5th let's talk show like I'll watch this that's crazy that's process where levels are below proposing happens and it really helps me get prepared to go conference and thank you very much appreciate it but it can help you get a new job far away from him ohh 58 ohh Chris ohh the second one alright and the other problem to serve as the people of \$76 alright does it provide opportunity to create local Space Telescope yeah there's only 1200 active destruction 2009 3/4 online only sponse ability of the groups at the top of their Serbian triangle 13 standing committees including our staff training clothing and robust technology committee substantially the last few years they have approved the investment of \$40,000 highly effective environment for participation in services always medical effective for both online and in person participants also level approach translation of those strange and also total presentation remove the column to the right to the same full recovery one of the best conference PMC straight over 26 through 28 and Vancouver hope to see some of them and the other service OK for all 16 so we can learn and love thank you 69 as a principal delegate 12/17 that's right oh numbers for us application in the total structure account service what does that call to house for one more year throw no that's not till Saturday the first state to communicate information generations of our hearts the 12 districts while the Spanish northwestern district that develops over that's why trying to respect, selflessness and thanks for the recommendations of Alcoholics Anonymous as follows to the best of our ability start the state of surprise for the general contractor arms and will circle up with us as well and carry as you traveled to happiness time and spending time with them answer let me move from all 17 W Hilton court leaders you guys just wanna make the process our house that's amazing amount of back and have that so thank you bringing us together and for allowing me to just chill for the process quote me I'm an alcoholic 7-8 steel panel \$75 bet on that conference committee for Great Britain so stretching spam Mississippi Canadian border to Oregon border we have 44 districts including three Spanish speaking districts and one virtual district level several other item 1200 votes annual somehow brings together about 800 people have made including about 400 billion and so today we have 5 hours but the virtual district and our district 25 includes 50 plus active groups

participating in general service tell her about the also about how we communicate and this year we transitioned from the principal's letter to apply online platform it's going to take championship and experiment with new formats for example check out my area newsletter as an level reading it too this year and we ignore the general service conference inventory within the small group discussions would be just a question of balance was amazing people who generally don't even believe that deficits and share that link that's not fair that's going to come back with the suggestions and ideas for us this year 's lecture stand thanks